

## Apple Carrot Cabbage Coleslaw

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6 cups shredded cabbage, red/green or combination  
4 medium carrots, peeled and grated  
2 medium apples (gala, Fuji type) sliced to thin strips  
½ cup roughly chopped flat leaf parsley (optional)  
Kosher salt to taste  
Black pepper to taste  
**Vinaigrette:**  
¼ cup extra virgin olive oil  
2½ tbs. red wine vinegar  
2½ tbs. apple cider vinegar

### *Instructions:*

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Combine in large bowl cabbage, carrots, apples and parsley if using.

In a small jar or container with tight lid, combine Vinaigrette ingredients. Using a whisk or hand blender mix well.

Add dressing to coleslaw and toss to coat. Add salt and pepper to taste.

Makes 4 - 6 servings

Source: Growing a Greener World

