

Holiday Wraps

Wrap:

4 12" tortillas
1 batch herb mayo
1 avocado, sliced
1 batch marinated tofu cubes
Alfalfa sprouts
2 tomatoes, diced
½ cucumber, diced
¼ red onion, diced
2 cups lettuce
2 cups grated carrot

Herb Mayo:

1 clove garlic
1 tbsp. apple cider vinegar
1 tsp. Dijon mustard
2 cups prepared mayonnaise
3 tbsp. Mixed dried herbs
Herbs:
(basil, oregano, thyme, sage,
marjoram, tarragon)

Instructions:

Make the Herb Mayo:

Mix the prepared mayo with all the ingredients until smooth.

Assemble the wrap:

Heat tortillas on grill or in oven.

Spread herb mayo in center.

Fill with other ingredients, then fold in edges and roll up.

Makes 4 servings

Source: Refresh Cookbook