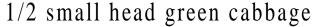
## Oriental Cabbage Salad

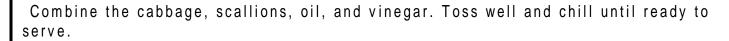


- 3 scallions, chopped
- 2 tbls dark sesame oil
- 2 tbls rice wine vinegar
- 2 tbls sesame seeds, toasted

## **Nutritional Facts:**

Calories = 103
Fat= 9g Sat. Fat = 1g
Protein = 2g Carbs = 5g
Fiber = 2g

## **Instructions:**



Add the sesame seeds and toss again before serving.

Makes 4 servings

Source: The South Beach Diet Cookbook